

5) $\sigma_A^2 \sigma_B^2 \geq \left(\frac{\langle [A, B] \rangle}{2i} \right)^2$ Generalized Uncertainty Principle (provided)

a- $\sigma_x \sigma_p \geq \frac{\langle [X, P] \rangle}{2i}$

$[X, P] = [X, \overset{\text{dummy function}}{i\hbar \frac{d}{dx}}] f = -x i\hbar \frac{df}{dx} + i\hbar x \frac{df}{dx} + i\hbar f \rightarrow i\hbar$

$\sigma_x \sigma_p \geq \frac{\langle i\hbar \rangle}{2i} = \boxed{\frac{\hbar}{2}}$ ✓

b- $[X, H] = [X, \frac{p^2}{2m} + V] = [X, \frac{p^2}{2m}] + [X, V] \overset{0}{=} \left(X \frac{p^2}{2m} - \frac{p^2}{2m} X \right) f$ dummy function

$= X \left(-\frac{\hbar^2}{2m} \frac{d^2 f}{dx^2} \right) - \frac{p}{2m} \left(-i\hbar \frac{df}{dx} - i\hbar f \right)$

$= -\frac{\hbar^2}{2m} X \frac{d^2 f}{dx^2} + \frac{\hbar^2}{2m} \left(X \frac{d^2 f}{dx^2} + \frac{df}{dx} + \frac{df}{dx} \right) \Rightarrow \boxed{\frac{\hbar^2}{m} \frac{d}{dx}}$

$\sigma_x \sigma_H \geq \frac{\langle \frac{\hbar^2}{m} \frac{d}{dx} \rangle}{2i} = \boxed{\frac{\hbar \langle P \rangle}{2m}}$

c- $\frac{d\langle Q \rangle}{dt} = \frac{i}{\hbar} \langle [H, Q] \rangle + \left\langle \frac{dQ}{dt} \right\rangle$ Heisenberg equation of motion (provided)

$\frac{d\langle X \rangle}{dt} = \frac{i}{\hbar} \langle [H, X] \rangle + \left\langle \frac{dX}{dt} \right\rangle \overset{0}{=} \frac{1}{i\hbar} \langle [X, H] \rangle = \frac{1}{i\hbar} \frac{i\hbar \langle P \rangle}{m} = \frac{\langle P \rangle}{m}$

$\boxed{\langle P \rangle = m \frac{d\langle X \rangle}{dt}}$

$\frac{i}{\hbar} \langle [H, Q] \rangle = \frac{d\langle Q \rangle}{dt} - \left\langle \frac{dQ}{dt} \right\rangle \rightarrow \langle [H, Q] \rangle = i\hbar \left(\left\langle \frac{dQ}{dt} \right\rangle - \frac{d\langle Q \rangle}{dt} \right)$ since we really mean Δt , not Q

$\sigma_H^2 \sigma_Q^2 \geq \left(\frac{\langle [H, Q] \rangle}{2i} \right)^2 = \left(\frac{i\hbar \left(\left\langle \frac{dQ}{dt} \right\rangle - \frac{d\langle Q \rangle}{dt} \right)}{2i} \right)^2$ we can drop the minus sign because we are squaring the answer

$= \left(\frac{\hbar}{2} \frac{d\langle Q \rangle}{dt} \right)^2$

Here we define $\Delta t = \frac{\sigma_Q}{d\langle Q \rangle/dt}$

~~$\sigma_H \sigma_Q$~~ $\Delta t \geq \boxed{\frac{\hbar}{2}}$

d- $\frac{d\langle P \rangle}{dt} = \frac{i}{\hbar} \langle [H, P] \rangle + \left\langle \frac{dP}{dt} \right\rangle \overset{0}{=} \frac{i}{\hbar} \langle [\frac{p^2}{2m} + V, P] \rangle = \frac{i}{\hbar} \langle [\frac{p^2}{2m}, P] + [V, P] \rangle f$ dummy function

$= \frac{i}{\hbar} \left\langle -i\hbar V \frac{df}{dx} + i\hbar V \frac{df}{dx} + i\hbar \frac{dV}{dx} f \right\rangle = -\left\langle \frac{dV}{dx} \right\rangle$

$\frac{d\langle P \rangle}{dt} = -\left\langle \frac{dV}{dx} \right\rangle$ Ehrenfest's Theorem